

# HDC Certificate of Achievement



This is to Certify

**Ms. Zahra Niroumand Chavari**

Has Successfully passed the course of:

## Certified Strength Conditioning Specialists (CSCS)

The course Includes the assessment and evaluation of:  
Certified Strength and Conditioning Specialists (CSCS) are professionals who apply, scientific knowledge to train athletes for the primary goal of improving athletic performance. They conduct sport-specific testing sessions, design and implement safe and effective strength training and conditioning programs and provide guidance regarding, nutrition and injury prevention.

Halal Development Council  
An NGO dedicated to the development of Halal Economy

Date of Course from 7<sup>th</sup> Dec 2023 to 09<sup>th</sup> Feb 2024

Duration: 240 hrs. | Location: Tehran-Iran

ID No: 2738347721 | Certificate No: HDC/ZNC/02/24/015

ACADEMY MANAGER

Affiliated with:



CERTIFICATE

